

# Menu for October 2019

Lunch is served with 1% milk.

Menu is subject to change without notice



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 PORK ADOBO PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEARS	2 GROUND BEEF CHILI MIX VEGETABLES PINEAPPLE CHUNKS ENRICHED/BROWN RICE MIX	3 COCONUT CHICKEN CURRY W/VEGETABLES ENRICHED/BROWN RICE MIX FRESH WATERMELON	4 WHOLE WHEAT HAM AND CHEESE SANDWICH POTATO EMOTICON MANDARIN ORANGES
7 BAKED BREADED FISH W/TARTAR SAUCE PEAS AND CARROTS PEACHES ENRICHED/BROWN RICE MIX	8 PORK BEAN SOUP W/ FRESH CUT VEGETABLES ENRICHED/BROWN RICE MIX PEARS	9 POT ROAST BEEF PINEAPPLE CHUNKS GREEN BEANS ENRICHED/BROWN RICE MIX	10 TERIYAKI CHICKEN WITH W/ STEAMED ORIENTAL VEGETABLES ENRICHED/BROWN RICE MIX FRESH WATERMELON	11 TURKEY AND CHEESE SANDWICH ON WHOLE WHEAT TOSSED SALAD MANDARIN ORANGES
14 <b>HOLIDAY INDIGENOUS PEOPLES' DAY NO SCHOOL</b>	15 SHOYU CHICKEN PEAS AND CARROTS PEARS ENRICHED/BROWN RICE MIX	16 BAKED CAJUN FISH GREEN BEANS PINEAPPLE CHUNKS ENRICHED/BROWN RICE MIX	17 KALUA PORK AND CABBAGE ENRICHED/BROWN RICE MIX FRESH WATERMELON	18 TURKEY DOG ON BUN COLESLAW SALAD MANDARIN ORANGES
21 <b>FALL BREAK NO SCHOOL</b>	22 <b>FALL BREAK NO SCHOOL</b>	23 <b>FALL BREAK NO SCHOOL</b>	24 <b>FALL BREAK NO SCHOOL</b>	25 <b>FALL BREAK NO SCHOOL</b>
28 CHCIKEN NUGGETS GREEN BEANS PEACHES ENRICHED/BROWN RICE MIX	29 HONEY GARLIC PORK PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEARS	30 BEEF TOMATO MIX VEGETABLES PINEAPPLE CHUNKS ENRICHED/BROWN RICE MIX	31 CHICKEN LONG RICE W/VEGETABLES ENRICHED/BROWN RICE MIX FRESH WATERMELON	

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