



Menu for October 2022

Lunch is served with 1% milk.

Menu is subject to change without notice



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BAKED MACARONI AND CHEESE WITH HAM GREEN BEANS ENRICHED/BROWN RICE MIX PEACHES	4 BEEF STIRFRY W/ ORIENTAL VEGETABLES ENRICHED/BROWN RICE MIX PEARS	5 PORK ADOBO CRINKLE CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	6 BAKED HERB CHICKEN MIX VEGETABLES ENRICHED/BROWN RICE MIX FRESH HONEYDEW	7 TUNA AND CHEESE SLIDER TATER TOTS MANDARIN ORANGES
10 INDIGENOUS PEOPLES DAY HOLIDAY SCHOOL CLOSED	11 CHICKEN AND GREEN BEANS ENRICHED/BROWN RICE MIX PEARS	12 PORK TENDERLOIN W/MUSHROOM CREAM SAUCE GREEN BEANS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	13 BAKED CAJUN FISH SANTA FE VEGETABLES ENRICHED/BROWN RICE MIX FRESH HONEYDEW	14 TURKEY AND CHEESE PASTA SALAD W/PEAS AND CARROTS MANDARIN ORANGES
17 BAKED ZITI W/GROUND BEEF & VEGETABLE TOMATO SAUCE ENRICHED BREAD STICKS ENRICHED/BROWN RICE MIX PEACHES	18 TERI CHICKEN STIRFRY W/ ORIENTAL VEGETABLES ENRICHED/BROWN RICE MIX PEARS	19 BEEF AND VEGETABLE STEW ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	20 PORK GUI SANTES GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW	21 FACULTY PROFESSIONAL DEVELOPMENT DAY NO SCHOOL
24 FALL BREAK NO SCHOOL	25 FALL BREAK NO SCHOOL	26 FALL BREAK NO SCHOOL	27 FALL BREAK NO SCHOOL	28 FALL BREAK NO SCHOOL
31 HAMBURGER HELPER W/GROUND TURKEY AND VEGETABLE TOMATO SAUCE PEACHES				

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